

Hope Vision Mission Trip Packing List

Each person will be allowed one small carry-on, which needs to fit into the overhead compartments, and one small personal bag that must be able to fit underneath the seat in front of you. Please make every effort into fitting all of your personal items into these two bags. The below list was created from experience in traveling on a mission trip to Hope Vision and may or may not represent everything you personally need.

Packing list:

- Passport
- Bible
- Journal
- Small bag (school back pack/purse)
- Large bag (hiking bag)
- Travel pillow and light sleeping bag or sheets
- Weeks' worth of clothes (we usually leave a lot of the clothes behind)
 - Ladies: long skirt to Minister outside of HVM. Wear gym shorts under skirts.
 - Ladies: Capris or modest shorts for around HVM. No tight fitting clothes.
- Work gloves
- Toiletries: soap, shampoo, toothbrush, toothpaste, towel, **toilet paper**, deodorant, etc.
- Personal medications
- Hand sanitizer
- Chapstick
- Flash light/head lamp
- Battery-powered fan
- Batteries
- Closed-toe shoes and sandals
- Hat/sunglasses
- Water bottle
- Bug spray (with Deet)
- Mosquito net
- Sun screen
- Snacks: crackers, trail mix, granola bars, beef jerky, etc.
- Powdered Gatorade, PowerAde, or crystal light to flavor up water.
- Swimming gear (girls: if you choose to swim, shorts and a t-shirt will work)
- Trash bag
- Camera (phone or camera works)
- Cash
 - There will be an opportunity to buy Haitian made products one day during the stay. Have small bills, \$1-\$5, for this opportunity.
 - The kids will always try and get you to buy a rock from them as well.